

Resisting the Dark, Embracing the Light

The past few years have been extremely difficult for many people. First, economic woes have devastated many; second, environmental and ecological disasters have killed or destroyed multiple life forms and our natural habitat; third, wars and plagues have gripped the world, killing those who seek justice, and last, corrupt governments and corporations have tightened their grips on liberty, imposing martial law and imprisoning those who seek freedom.

The masses are rightfully enraged, but to the point where peace seems no longer an option or even a viable talking point. Peaceful pursuits have been replaced by self-righteous hatred and vengeance. Many who in the past were peaceful have either gotten caught up in this rage by choice, embracing violence; or through contact with the rage, either via others or by thought waves and energy streams. It is the contact by thought waves and energy streams that I want to talk about.

Many of us saw the accelerated breakdown of the planetary grid and fabric coming. What we didn't bargain for was a constant and accelerated barrage of negative energy coming from the media, from activists, from our politicians, from criminals, and from our own friends and family. While trying to solve difficult problems, that we knew were coming, many got caught up in the violence and became violent. Others got caught up in the violence and became schizophrenic, or at least, began to manifest symptoms of schizophrenia by presenting dual sides of their own personalities that weren't dominant before.

The constant barrage of negative thought waves and energy streams hit without warning and created the emergence of a very dark psychic energy form that took possession of many. Some noticed immediately that something was very wrong when they were compassionate one day and then awoke the next day enraged at the very same people for whom they were previously showing compassion.

This split in the psyche of many was not an actual breakdown, but a confrontation with the dark side that could no longer be denied and buried. For those who hadn't already cleaned out their psychic closet and confronted their dark side, they were no longer given a choice. The enemy was within them and forcing their hand.

This battle has caused many to go to the dark and become part of the violence. Others, who could not endure the weight of the dark, committed suicide. We've seen lots of both in the last year. Still others, who realized that their nature had drastically changed, fought to maintain their sanity and any explosive reactions while the dark energy continued to consume those around them.

It is not an easy task to resist the dark side and not everyone has the constitution to do so. When resistance turns to fighting the dark, and fighting becomes violent, those fighting have lost the war. That is the state in which our planet is in today. Most are at a loss as to how to overcome the violence, and thus resort to fighting and war.

Resisting the dark side within requires a vigilant observance of one's behavior and reactions to events. The battle can wage for years, and in some cases, it goes on longer. Those engaged in these battles are like weary foot soldiers; everyday they strive to move forward with a great deal of self control and awareness of their surroundings, carefully watching the shadows for those entities that would try to steer them off path into a ditch or a trap.

Those engaged in these battles have had many trials and tribulations over the last few years, mostly because they are the ones who are most aware of the light at the end of the tunnel and are moving steadily toward it. The obstacles have been enormous and are constantly appearing, sort of like the booby traps that appear in an Indiana Jones movie. When Indiana gets closer to the Holy Grail, the traps and tests get greater.

There is a biblical parable that "there is a gate in Jerusalem called the eye of the needle, through which a camel cannot pass unless it stoops first and removes all of its 'baggage'." Many of us are being bombarded by negativity and carrying the baggage of the world right now through thought waves and energy forms. We cannot fight these subtle energies the way people "fight" on the physical plane. We cannot go out and kill people to make these energies go away. We can only acknowledge their presence, forgive ourselves for our own trespasses, and relieve ourselves of our self-inflicted baggage, including, understanding the rage that drives us toward hatred and death. Death does not end personal suffering; only understanding and compassion for those in pain ends this suffering. To suffer the pain of others *enlightens* the spirit and spares us the pain of cankerous hate and personal loathing.

To embrace the light, we must not "fight" the dark, we must seek to move steadily forward, observant of our own behavior, and aware that the enemy would like us to fail and will do whatever it takes to keep us from reaching the light. Stay steadfast and focused. Do not stray from the path despite counter-desires to give up or give in. The final hour is the darkest. And the darkest hour is just before dawn.