

The Heat is On!

The heat is on; and I don't necessarily mean the most recent global-warming induced heat spells. However, as heat spells seem to trigger additional heat, we can look at world events, particularly in the Middle East, and easily acknowledge that tempers are heating up and flaring, as are people's need to blame anyone and anything but themselves for the current manifestation of heat that's coming to a boil on the planet. The need to blame is the sign of a society that is in denial and won't face its own shadow, either as a result of mind/spirit suppressing drugs or alcohol, or as a result of mind/spirit suppressing manipulative institutions that preach dogma over reason and spirit.

Are you hot under the collar because of world, national, local, social or cultural events? Do they offend your beliefs such that you can no longer maintain a sense of objectivity and justice? Are your prejudices helping to fuel the current explosive world situation? Are you so hot that you're ready to kill the perceived evil enemy, as is occurring on the Middle East stage and recently occurred in the attacks at a Seattle Jewish Charity Center? Are you a crusading, alcoholic Christian who, rather than face your own your own prejudices and personal failures, blames the Jews for the world's problems as does actor/director Mel Gibson? Are you a neoconservative or Zionist Jew who blames the Muslims for the ongoing problems of Israel in the middle east? Are you a Muslim who blames Jews and secular society for the failure of Arab governments and yourself to improve Muslim relations in the middle east? Are you an agent of the U.S. or British Empire, who refuses to face your own foreign policy failures that have created the blowback and hatred from other countries? Are you a member of the media who continues to project hate and hostility onto the front pages rather than report community successes at conflict resolution? Have you identified the enemy within yourself and are you ready to take responsibility for your own actions or do you still project that enemy onto others who don't believe the things that you do? Are you part of the problem or part of the solution? Can you move out of the circle of heat to objectively look within the eruptive and spewing flames that you are creating in your personal and extended environment?

Is your own rage getting in the way of compassion for the innocent victims of global rage, a compassion shown by the Muslim "women" who mourned with the Seattle Jewish community, the masses of secular Jews who are mourning over the destruction in Lebanon and the Middle East, and the many mainline Christian churches who are walking the path of the Christed one, trying to help the hungry, the poor, the downtrodden and love thy neighbor? Or do you, instead, feel it further necessary to strike out and cram dogma and missiles down the throats of those who do not believe or practice just as you do?

The word "Maya" means illusion. To the Mayas, this means our reality is an illusion: we can create our own reality, we can walk between many worlds, or we can place self-imposed limitations on a finite world and on ourselves. The illusion manipulators -- under the guise of global and social institutions -- on the one hand pay lip service to peace, oneness, and spirituality, while on the other hand covertly play us against one

another, building a global illusion of discord and delusion. And the unfortunate majority blindly fall for it, never realizing they have a choice in creating their own future and reality.

Are you blindly believing everything you read in the press? Are you allowing yourself to be easily manipulated by the illusion "manipulators" who are using Machiavellian tactics to create dissension so that they can carry out their own militaristic and totalitarian agendas? Are you breaking out in sweats and self-righteous anger, ready to strike out mindlessly and defiantly? Are you venting this rage through death and destruction, courtesy of a massive "mind-control" program launched by the illusion manipulators, or are you venting through right action and controlled meditation?

The Earth is getting ready to blow under the weight of the raging heat and violence. She will blow her lid if those projecting their own rage onto her do not stop. She will wipe the planet clean through volcanic eruptions, quakes, floods, tornadoes, and more if the self-righteous armies of the world do not disengage. The temperature is rising and flailing uncontrollably as our tempers are rising and flailing. Release will be either through death and destruction by fire if we do not control our rage, or by transmutation as we align with the Earth as she changes her physical state through her boiling, release of the toxic, massive, delusional consciousness.

We can no longer hold the lid on the pressure cooker; the lid is getting ready to blow at a moment's notice. What we can do, however, is be in it but not of it. We can stay centered, refusing to add fuel to the miserable plight of "mankind" by holding the light around us and the planet and refusing to concentrate on the negative illusion. Then, when the planet blows, we can rise with the spiraling fire, rather than burn in it, transmuting our physical being into another essential form. Just as water has three states of being -- heat melts ice, which turns to water, which then upon boiling, turns into unseen gases -- so too can we, made mostly of water, be transmuted to another state of being through right meditation using a focused vision. The only other alternative is to be broiled in a fiery hell on Earth, courtesy of the majority of this planet's raging fundamentalist consciousness.

Our choice is to either center our energies with Mother Earth (rebirth) and the female archetypes that represent compassionate healing -- some which have manifested in male bodies -- or align with the patriarchal malevolent Father God, an illusion that has functioned as the sole pathological justification for war, fighting, and death on our planet for the last 3,000+ years. This choice has always been ours to make. However, our male leaders have consistently chosen death, destruction, and Machiavellian politics over life and peace, and continue to fuel the malevolent God archetype to the max. The heat is on full force and there's no longer time to debate the issues of right and wrong. We either jump from the pot into the frying pan and fuel the raging fire--contributing to our own Earth-based death and destruction--or we center and ground ourselves to the Earth and prepare for the spiral, kundalini-induced planetary rebirth, as the Great Mother releases the boiling and toxic pressure known as "mankind" and helps us transmute the fire through an alchemical rebirth.